A growing online free HSP resource...

For services that are:

- designed for / relevant to HSPs or empaths
- created by HSPs or empaths, or by someone who has a lot of experience working with sensitive people.

# **HSP YELLOW PAGES**



#### Let's make sure this information gets organised from day 1 - Yellow Pages Style:

- Add your biz info to one of the existing categories or add a new category
  - You can see a list of categories on the left in the Outline view. Note: if you cannot see this, go to 'Tools' and select 'Document Outline'. Click on the relevant category and you will automatically be taken there.
  - Categories are also listed on the next page.
  - Don't worry about creating the "right" category. If you work doesn't fit under an existing category, just create a new general category that makes sense to you and that you fit under. This document will be checked and adjusted if needed before it's published as a PDF so if you come up with something outrageous, it will be fixed <sup>©</sup>
- Don't delete other people's info.
- If there are no new rows to add your details, **right-click on the last row to add a new empty row**
- Keep your biz description short and to the point.
- Add your info according to the column set-up
  - If your business is local, <u>add the location</u>. If you're in the US, remember to say so! This is an international document.

If you have questions about this document, contact me (Caroline) through my contact form on <u>TheHappySensitive.com</u>

#### **Categories:**

- 1. Coaches / Healers / Teachers / Trainers
- 2. Physical Therapy, Body Workers, Massage Therapists
- 3. Bloggers, Writers
- 4. Alternative Healing: Nutritionists, Aromatherapists, Acupuncturists etc.
- 5. Designers, Photographers, Creatives, Artists
- 6. Meet-up Groups
- 7. Dance
- 8. Business / Finance / Law
- 9. Animal Services
- 10. Virtual Assistance

# **Coaches / Healers / Teachers / Trainers**

What you offer	Address / website	Do you work locally or (also) long-distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Teach/coach HSPs and empaths how to work with their sensitivity for more happiness (instead of fighting it).	www.thehappysensitive.com	Long-distance (Skype / landline, email)	Caroline van Kimmenade	HSP & Empath	Website contact form
Professional Counseling Services for Empaths, Outcasts, Introverts, Awkwards, The Bereaved, and People in Chronic Pain	www.wakeupyourlifetoday.info	Local, phone, e- counseling	Sherry Mullins, MA. LPC	HSP & Empath	Website contact form
Grief, trauma healing and soul retrieval - Supporting empaths and wounded healers to source their soul wounds for their superpower and strength in business and love.	www.lotuscoaching.org	Long-distance (skype/ phone/email)	Nandi Hetenyi, Psy.D.	Empath	Website contact and nandi@lotuscoachin g.org
Business Improvement Coach for entrepreneurs who would like to make a positive change in the world	www.fromstartuptogrowup.co m	Local and long- distance (skype / mobile phone, email)	Linda Coussement	HSP & Empath	Website contact form
Coaching for women who have lost their joy or are undergoing scary transitions	www.mythicalenterprises.com	Long distance (Skype/Phone)	Steph Lagana	HSP & Empath	Website signup
English teacher (1-1 via Skype).		Long distance (Skype/other VOIP)	Matthew O'Toole	HSP	<u>matthewenggalway</u> @gmail.com

Guiding experienced professionals to discover the green career that best leverages their existing skills, and passions to have a positive impact on the planet.	Green Career Central www.greencareercentral.com	Long distance - phone/Skype	Carol McClelland	HSP	Website contact form
Life coach who helps people transitioning out of therapy/recovery find the next steps in creating soulful lives.	http://soul-warriors.com/	Local and long- distance (skype / mobile phone, email)	Liz Connors	HSP & Empath	Email : <u>liz@soul-</u> <u>warriors.com</u> or Website SignUp
Mental, emotional, and spiritual health counseling for those who find themselves stuck in an unpleasant pattern of relationships or needs help in accepting themselves and others.	www.closecounseling.net	Local and long- distance (VeeSee) video conferencing.	Linda Close, M.Ed., L.M.H.C.	HSP & Empathic	www.closecounselin g.net with option to email me from there.
Coach and mentor for people with health issues, particularly chronic fatigue and adrenal burnout, who want to heal and come home to themselves.	www.darlabrunolifecoaching.c om	Anywhere. Join my forum at http://darlabrunolife coaching.com/com munity/	Darla Bruno	HSP	Website sign up or <u>darla@darlabrunolif</u> <u>ecoaching.com</u>
Divorce and Transition Coach: helping navigate the difficulties of divorce with grace and compassion.	www.hopefloats- transitioncoaching.com	Locally in person, email or phone for non-locals.	Jeannine VanSandt	HSP and empath	Email from website :) <u>www.hopefloats-</u> <u>transitioncoaching.c</u> <u>om</u>
Inspiring people through creative ways to access wonder and delight in life, and supporting those who want to embrace a creative path or career.	<u>www.kneehighinlonggrass.co</u> <u>m</u>	Long distance or locally, and retreats	Annette Ross	HSP and Empath	Website sign up or hey@annetteross.co m

Helping people who are prone to <b>depression</b> , heal their pain and create awesome things.	www.turnwiddershins.co.uk	both	Mary Tracy	HSP	Website and e-mail
Happiness Consultant. Tired of suffering? I guide you to experience inner peace and joy.	mareaboylan@yahoo.com	Locally and long- distance, via telephone or skype	Marea Boylan	HSP, Empath	<u>mareaboylan@yaho</u> <u>o.com</u>
High performance coaching for HSP, empaths and anyone looking to realize their unique purpose with velocity and power.	iris.mcalpine@gmail.com	Locally (Los Angeles), long- distance via skype, Viber or Google Hangout	Iris McAlpine	Empath	<u>iris.mcalpine@gmail</u> .com
I show men and women how to create bliss in their committed love partnerships - without the couples therapy! - because it truly only takes one person to transform a relationship.	www.julielamonica.com	Locally (San Francisco Bay Area) and long- distance via phone / video call	Julie Lamonica	oh yes: HSP & Empath	Website contact form or email: <u>lamonica.julie@gma</u> <u>il.com</u>
Launch Coaching, Marketing and Business Development Consulting, and Distance Learning Classes	www.IttyBiz.com	Long distance	Naomi Dunford	HSP Empath	Email - <u>naomi@ittybiz.com</u>
Coach - empowering women to assess their own inner knowing to create nourishing and soulful businesses	www.caseyerinwood.com	Long distance	Casey Erin Wood	HSP Empath	<u>casey@caseyerinwo</u> <u>od.com</u>
Coaching people to make changes and achieve goals at a gentle pace - especially those who are anxious or fearful of change.	www.thesmallstepscoach.com	Locally (London UK), or anywhere via Skype or phone	Gina Musa	HSP	Website contact form or ginamusa@thesmall stepscoach.com

Intuïtive coaching and breathwork - connecting deeply to your essence, growing your self love, letting your life blossom. Spiritual pregnancy guidance.	www.breathingbeauty.nl/privat e-sessions	Long distance - Skype or telephone.	Gabriëlla Schreuder Hes	Yes	gabriella@breathing beauty.nl
Intuitive coaching, Angelic Counseling, mental health professional, angel card and mediumship readings, products and services for HSPs.	www.thesavvysensitive.com www.etsy.com/shop/thesavvys ensitive	Local and long distance(email)	Tara Farley	HSP and empath	Website contact form, or etsy shop message, or email: <u>thesavvysensitive@</u> gmail.com
Intuitive innovative coaching to connect with your true self and recognize your ability to live beyond learned patterns; Reiki practitioner.	Website under construction	Local (Amsterdam, NL) and long distance (Skype, email)	Rosanne Sliuzas	HSP and empath	rosannesliuzas@gm ail.com
I work with Conscious Women Entrepreneurs - Coaches, Consultants, & Healers, who are frustrated by how to become profitable and successful entrepreneurs. I help them create a strategic and custom-fit business, so they can make all the money they want and live a soul-based life that lights them up!	www.BlazeABrilliantPath.com	Local, Long distance, and via Skype	Blaze Lazarony, Transformational Business Strategist, Coach, Best-Selling Author & Speaker	HSP & Empath	Website or via email at: <u>Blaze@BlazeABrillia</u> <u>ntPath.com</u>

I am a coach who works with Introverts and HSPs, specializing in working with men. I help introverts & HSPs leverage their strengths & qualities to work for what they wish to achieve in life. For men my wish is to change the story of what masculinity looks like, so that the quiet and gentle men are accepted & recognized for the gifts that they offer.	www.crossingthethreshold.net	Local, phone, Skype/Facetime, email	David Johnson	HSP	Via my website contact form, or by email at <u>info@crossingthethr</u> <u>eshold.net</u>
Writing coach, consulting and copywriting services. I help aspiring writers and bloggers feel energized, confident, and unstoppable when writing and sharing their message with the world.	www.finallywriting.com	Locally (San Francisco Bay Area), and long distance through Skype, phone and email.	Jackie Johansen	HSP	jackie@finallywriting .com
Emotional intelligence Business Coach helping HSP, empaths and introvert entrepreneurs build a life and business on their own terms	http://www.eqnina.com + FREE FB group called Sensitive and Thriving Business Club http://bit.ly/hspfbgroup + a podcast called <b>Thriving HSP</b>	Online (Skype, social media and email)	Nina Andrijanic	HSP + Introvert	nina@eqnina.com
I offer a medley of empowerment coaching, spiritual and intuitive counseling, and energy work. I love working with caring, sensitive, soulful women who long to trust and express themselves and are ready to come out of hiding! In addition to being an HSP, Empath and Intuitive, I also have a doctoral degree in psychology.	<u>www.heatherschwartzpsyd.co</u> <u>m</u>	Locally and long- distance. Individual and group sessions.	Dr. Heather Schwartz	HSP and Empath	<u>heatherschwartzpsy</u> <u>d@yahoo.com</u>

Depth-oriented EFT and EMDR psychotherapy to help HSPs recover from relational trauma and live more integrated, connected lives.	www.carolynphd.com	Locally (San Francisco bay area)	Dr. Carolyn Swearingen	HSP & Empath	<u>carolyn@carolynphd</u> .com
Trainer, coach and mentor for entrepreneurs who experience overwhelm and have really full heads. I help them to find their unique way of working without stress, and in the flow of their own energy. The coaching is through Skype or outside walking. I also give workshops SoulCollage®, a great way for personal development. And I give Bars sessions to clear the head and old beliefs.	<u>www.martavansitteren.nl</u>	Localy Bergschenhoek (the Nederlands) or long distance thrue Skype (Dutch, English and Spanish speaking)	Marta van Sitteren	HSP & empath	<u>info@martavansitter</u> <u>en.nl</u>
Coaching with bow and arrow for HSP's. Feel yourself, hear your inner voice, feel your strength and get happier while the bow shows you where you are without the need to name your issues.	www.bogenblog.de www.jc-archery.de	Localy, Germany 83139 Söchtenau	Jean-Christoph von Oertzen	HSP	j <u>c@jc-archery.de</u>
HSP Mentoring and Life Coaching to enable Sensitive men, women and children to "Thrive through our Sensitivity"	www.HSPmentor.com	Long-Distance: Skype, Facetime, landline, email Locally-Phoenix AZ	Joseph Capriotti, Jr.	HSP	JC@hspmentor.com Or via my website contact form
Ali Dubin, M.A., CPC is an HSP and empath, a humanistic, intuitive, practical counselor and life coach working with individuals, couples, and families in southern California or by	https://www.facebook.com/ask alicounseling http://www.babymama.com/au thor/ali-dubin	Located in North Hollywood, CA Southern CA Los Angeles and San Fernando Valley in	Ali Dubin, MA, CPC	HSP and empath	Email: <u>askali@babymama.</u> <u>com</u>

Skype. She educates on love, self-love, giving and receiving love, and on love languages. Expertise in: LGBTQ, HSP, and COUPLES. Relationship advice columnist at <u>www.babymama.com</u>		private practice or via Skype anywhere in the world,			
Writer/Coach: Helping women HSPs tweak traditional approaches to exercise & self- care so it works for them	<u>selfcareforsensitivewomen.co</u> <u>m</u>	Long distance (Skype, landline, email)	Mely Brown	HSP & Empath	Email or website signup ("The 4 Areas of Self-Care for Highly Sensitive People" free e- guide)
Kay Sterner Coaching: I am an ICF certified coach who supports HSPs and empaths who feel overwhelmed or stuck, and are seeking the inner agency and self-care they need to make the changes in their lives they desire. In particular I love to support people who feel like work has taken over their lives, and help them reset and gain new perspective.	<u>kaysterner.com</u>	Local and long distance by phone	Kay Sterner, MAIS, certified ICF Coach	HSP & empath	Website contact form or email.
Academic coaching, school	www.cliftoncorner.com	Local: offices in	Sandra Clifton,	HSP &	Website Contact

consulting, and educational therapy for students of all ages and their parentsto support more joy in the journey of learning. My specialty is serving Sensitive, Gifted, and Twice- exceptional kids who may (or may not) have social-emotional challenges or diagnosed learning differences, but who all battle some form of anxiety, intensity, and/or overwhelm, both scholastically and personally. I integrate an artistic, individualized and intuitive approach in my work and provide a strengths-based and holistic perspective to school success.	<ul> <li>182 8th AvenuePark Slope</li> <li>245 South 16th Street Rittenhouse Square</li> <li>20 South Haddon Ave Historic Haddonfield</li> </ul>	Brooklyn, New York; Philadelphia, PA; & South Jersey, USA :) Long-distance (phone/coaching calls) and Facetime or Skype.	M.Ed., PCC, CEP, ET/P	Empath	Form or email: sandra@cliftoncorne r.com
Paula Firtl: Empowerment Mentoring for Sensitive Souls (HSPs and Empaths). I offer a 6 week Online Mentoring Program for Sensitive Souls to Empower themselves through Education, Energy Healing, Self-Care, Manifesting and Discovering their Sensitive Superpowers.	www.paulafirtl.com.au	Long distance phone, Skype and email.	Paula Firtl BBehavSC (Psych), Reiki, EFT and TBT Practitioner	HSP and Empath	Website or info@paulafirtl.com. au
Coaching creative spirits, small businesses, and other coaches using the Co-Active Model.	http://annegaal.com	Telephone-based coaching for both local and distance	Coach Anne Gaal, Ph.D., CPCC	HSP and Empath	Free session: http://bit.ly/AG- sched
Communication coaching/English language lessons.		International (Skype), Canada (phone)	Robyn Penney	HSP	romariepenney@gm ail.com
Life transition support for	http://www.linkedin.com/in/judith		Judith Fine-	HSP and	sarchjudith@gmail.co

SRpreneur creatives.	<u>sarchielli</u>		Sarchielli	Empath	m
Spiritual Direction with a focus on using (nighttime) dreams to facilitate the inner spiritual journey. Dream Interpretation, dream groups, dream coaching and spiritual direction sessions.	http://sweetgeorgiapam.com/	Long distance (skype or video chat) & local (north Atlanta, GA USA)	Pam (Sweet Georgia Pam)	HSP and Empath, 9 on Enneagram , INFP	pam@sweetgeorgia pam.com
Health Coach specializing in weight-loss and body transformations for Empaths and Highly Sensitive Peeps	Online Nutrition and Lifestyle Coaching for Empaths, and Highly Sensitive Peeps	Daily email coaching AND Skype/Phone coaching *Powered by PN - Precision Nutrition's ProCoach	Doree Madge Blake B Ed, M.A PN1 Personal Trainer	HSP and Empath	CoachDoree@gmail .com

# Physical Therapy, Body Workers, Massage Therapists

What you offer	Address / website	Do you work locally or (also) long- distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Massage Therapy, Craniosacral/Marma Therapy session, Kansa Vatki Foot Massage	10 Ferry Street, Concord, NH www.reconnectmassage.net	Locally, Concord, NH Office Setting	Tammy Podgis	HSP	Phone, e-mail thru the website
Gentle(r) Massage Therapy, Ortho-Bionomy, and Movement education; Care Concierge Coaching (helping HSPs find the care they need)	www.hummingbirdbodyworks.com	Bodywork in San Francisco, Berkeley, CA, and sometimes NYC; coaching can be done long distance (google chat, phone)	Helena Teply- Figman	HSP & Empath	Email: helena@hummingbird bodyworks.com
Work with HSP in my physical therapy home practice with CranioSacral work, and Soul Lightening Acupressure, and other techniques that support and empower HS gifts.	www.angeliquepriscilla.com	Local and distance (phone contact)	Angelique Priscilla (PNA Priscilla Downey)	HSP	Email
Bodywork for Trauma, including Reiki, Massage, CranioSacral Therapy, and Somatic Experiencing. Fragrance- Free. Tailored for physically and emotionally sensitive folks.	Portland, OR, United States <u>TraumaHealed.com</u> - lots of free articles, and 2 <u>books</u> published.	Local	Sonia Connolly	HSP & empath	Email or phone is fine. <u>TraumaHealed.com/co</u> <u>ntact/</u>

# **Bloggers**, Writers

What you offer	Address / website	Do you work locally or (also) long- distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Blog about the challenges and joys of parenting a Highly Sensitive Child / Writing children's books for Highly Sensitive Children	www.sensitiveandextraordinary.com	Long distance (email)	Leila Boukarim	HSP & Empath	Through website contact form
Author of the popular book for highly sensitive children "Henry and his Super Heart Force" available as Paperback in German (within Europe) and in English as E-book (Kindle) and Nook-book worldwide.	http://www.high-sensitivity.de/henry- and-his-super-heart-force- superheartforce/	Long distance	Petra Neumann	HSP & Empath	E-mail: info@high- sensitivity.com or Facebook: https://www.facebook.co m/pages/Petra- Neumann/42627481418 9128?ref=settings in English, German and French
I write articles and blog posts for HSP and HSC, particularly with the aim of informing and supporting parents of HSC and those that are HSC. I also run a Facebook group for this target group to support each other.	http://lifewithadoublebuggy.blogspot. nl/p/highly-sensitive-children.html	Long distance	Amanda van Mulligen	HSP	Email: amanda@thewritingwell. eu
Writer - I write about how	www.walkingthroughtransitions.com	Both	Ritu Kaushal	HSP and	Through my website:

Highly Sensitive People and introverts adapt to change during transitions.				empath	http://www.walkingthrou ghtransitions.com/p/cont act-me_11.html
Blog about making personal changes in a gentle way (linked to coaching business)	www.thesmallstepscoach.com	Subscription available	Gina Musa	HSP	Website subscription form <u>ginamusa@thesmallstep</u> <u>scoach.com</u>
Writing and proofreading - I have a particular interest in wellness and how an HSP can successfully run their own business. Would love to help other HSPs write web content, blog posts, press releases, etc.	New website coming. Meanwhile, please visit link below for my portfolio <u>http://virginiamuzik.pressfolios.com/</u>	Based in Sydney, Australia but can work anywhere via computer!	Virginia Muzik	HSP/ Empath	Email: virginia@writenoise.com .au
Freelance Copywriter - Connecting clients to your business with targeted website copy, tuned into your voice	www.kimberleeferrell.com	Online, anywhere!	Kimberlee Ferrell	HSP/ Empath	Via my website or email: kimberleeferrellwriter@g mail.com
Weekly blog Soulful Sparks of Inspiration: Inspired verses wrapped with image and color to be in touch with our highest self, and follow the seasons of your soul.	http://soulfulsparks.hamoves.net/	Online anywhere; based in New York, NY	Marta Stemberger	HSP + empath	Via my website

Education and community to support strengths and solving challenges HSP Introverts (Highly Sensitive Introverts) face every day.	highlysensitiveintrovert.com	Based in Bay Area, CA, USA. Online	Eva Rubin	HSP/Empat h/Introvert	eva@highlysensitiveintr overt.com
I take complex, esoteric concepts and write about them - simply, elegantly.	<u>victorialucia.com</u>	Work with clients worldwide. I am based out of Austin, TX.	Victoria Montemayor	Empath	hello@victorialucia.com
Learn How to Let go - a simple and effective method for anytime and anywhere	Learn-Letting-Go	Free Method, Strategies and Tools for Letting Go	Doree Madge Blake	HSP + Empath Intuitive Healer	Contact through website to submit your letting go questions

#### What you offer Do you work How you prefer to be Address / website Your name Are you an HSP or locally or (also) contacted: long-distance? empath yourself? Holistic Medicine - Los Clinic - Los Gatos -In Clinic - Local Dr. Kim Millman HSP DrKim@TheMillmanCl Gatos, CA and a variety of www.millmanclinic.com Online programs inic.com long distance online programs for Online programs - start here: becoming healthy and www.calciumcheckup.com happy. Energy healing using The Huang Bingjie, bingz@bingzhealingh http://www.bingzhealinghands.me online, via email Empath Wonder Method ands.me aka Bingz Karen Savage KarenSavage@Bio-Both Thrival Consciousness http://www.LivingThrival.com Skype, Telephone OpticHolography.com 1:1 Coaching and Health (US only), local Shane (with Wholistic Iridology (both for classes and Transformational and 1:1) Homeopathy), and Classes: Sensitive Person's Toolkit. Manifestation, Calling In Your Beloved, Homeopathy 1st Aid, more Reiki sessions and www.innerbloomyoga.com Sarah Lamb Both innerbloomyoga@gma In person, classes and Intuitive Distance via il.com Guidance phone, skype or email http://www.taraarnoldart.com/ HSP & Spiritual Artist and Energy Locally Tara Arnold Email http://www.clearyourallergy.com/ Healer Empath tara@taraarnoldart.co m or call 506-461-2227

### Alternative Healing: Nutritionists, Aromatherapists, Acupuncturists etc.

Intuitive Readings, Spiritual Counseling, Customized Programs, Energy Medicine, Energetically Enhanced Wellness Products	www.oshunspirit.com	Locally, long- distance, phone, skype and email	Susan Berry	HSP, Empath	Website contact form or email
Tarot Consultations, Tai Chi Instruction, Spiritual Guidance, Writer	gigiminer.tumblr.com	locally, long- distance via email and soon google hang out	Gigi Miner	HSP, Empath, HSE	Email
Homeopath - specialized in HSP's, maternity, allergies.	www.ingefleur.com	Locally (London UK) & long- distance (Skype → remedies are sent by post)	Ingefleur Spreij	HSP	Website contact form or e-mail: <u>homeopathy@ingefleu</u> <u>r.com</u>

# Designers, Photographers, Creatives, Artists

What you offer	Address / website	Do you work locally or (also) long-distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Photography/Video - We take pictures of anything and then we are skilled at taking those pictures and photoshopping them into anything you wish.	www.westieproductions.com	Locally - Central Ohio and Internationally through the internet	Carrie Swingle	Both	carrie@westieproduct ions.com
Websites - We design and update websites and social media for growing businesses and bloggers	www.derrdesigns.com	Locally - Central Ohio and Internationally through the internet	Carrie Swingle	Both	<u>info@derrdesigns.co</u> <u>m</u>
Alchemist Jeweller. Designing bespoke jewellery and artefacts	www.sebastianpintea.com	Internationally and locally (Stockholm and London)	Sebastian Pintea	HSP	Through my website: www.sebastianpintea. com or www.thepianoring.co m
Graphic Designer (Freelance) - Print and digital visual communication.	www.tonyamalik.squarespac e.com	Long distance	Tonya Malik	HSP	<u>tonyamalik@gmail.co</u> <u>m</u>
Voice-overs - I'm especially interested in voicing content for health and wellness businesses.	New website coming. Meanwhile, please visit link below to view examples of my voice-over work <u>https://www.youtube.com/us</u> <u>er/VirginiaMuzik</u>	Local (Sydney, Australia) and long distance	Virginia Muzik	HSP/ Empath	Email: <u>virginia@writenoise.c</u> om.au

Landscape and seascape felt and textile artworks inspired by nature and poetry. Commissions accepted and can send worldwide. Excellent quality prints, cards and 3D sheep (many breeds!) also available.	www.rowenascotney.weebly. com Also my Facebook page - Rowena Scotney Feltings		Rowena Scotney	HSP and Empath	Via my website or FB page
Artist (fine art) Freelance artist (logos, illustrations, any thing needed!) Art teacher (any age, and any skill level. My goal is to lead them into the skills needed to grow)	https://lisarachelart.wordpres s.com/	Locally, or online	Lisa Rachel Horlander	HSP & Empath	wentawall4u@yahoo. com or on Facebook
Fine Art Photographer - I am a Connection Artist that specialises in portraiture and intimate weddings. Particularly interested in photographing raw, wildhearted beautiful women. Passionate about promotion via authenticity - happy to do small business owners and musician shoots also.	http://www.ericawheadon.co m http://www.facebook.com/eri cawheadondotcom	Gold Coast, Australia but will travel anywhere. Particularly interested in photographing destination elopements.	Erica Wheadon	HSP & Empath	info@ericawheadon.c om
Glass Artist - I create hand blown glass memorials using the ashes of people or pets.	http://psychecremationjewelr y.com https://www.facebook.com/P sycheCremationJewelry/	Online, Central Oregon	Mark Hamilton	HSP	mark@psychecremati onjewelry.com

# Meet-up Groups

What you offer	Address / website	Do you work locally or (also) long-distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Online community for HSPs and empaths	Happy Sensitive Community	virtual community	Caroline van Kimmenade	HSP & Empath	via contact form on <u>thehappysensitive.co</u> <u>m</u>
Local HSP Meetup group (Phoenix, AZ) for education, sharing and support	www.Meetup.com Greater Phoenix Area Highly Sensitive Persons (HSPs)	Locally - Phoenix, AZ (US)	Joseph Capriotti, Jr.	HSP	Via Meetup website for local attendees; Or at: JC@hspmentor.com for questions related to our group and starting a Meetup in your community.
Local exchange, discussion and events group for HSPs in Montreal, Canada	www.meetup.com Highly Sensitive Person Group Montreal	Locally in Montreal, Quebec, Canada	Robyn Penney	HSP	Via the Meetup website

### Dance

What you offer	Address / website	Do you work locally or (also) long-distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Authentic Hula / Tahitian dance is used as a vehicle to help you truly feel your inner and outer beauty, intelligence, and soft strength.	<u>WannaHula.com</u>	-Skype -Custom order Hula/Tahitian On-Demand DVDs	Sarah Chang	Both	Email: <u>wannahula@g</u> <u>mail.com</u> Text: 202-670-4852 (HULA)
Eurythmy, a harmonious movement art. Experience the fascinating unity of a circle of people moving together in harmony. I gently lead a group of adults through simple eurythmy forms in short sessions before your lecture, presentation, meeting, or in classes and workshops for adults.	http://www.hamoves.net/	New York, NY; available to travel anywhere	Marta Stemberger	HSP + empath	Via my website

# **Business / Finance / Law**

What you offer	Address / website	Do you work locally or (also) long- distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Boutique law firm with a personal touch - we care for our clients by coming alongside them to help resolve issues during difficult times and provide advice & guidance on important life decisions. We nurture a safe environment where clients feel understood, listened to and are not judged or shamed. Areas of law: civil, criminal, employment, family, property/conveyancing and Wills.	Website currently being updated - link will be provided upon completion	Local - New Zealand	Allyson Ross- Collings	HSP Empath	<u>allyson@cathedrallaw.co.</u> <u>nz</u>
Learn how to organically get better results in search engines such as Google.	ChangSites.com	-Skype -Step-by- step video	Sarah Chang	Both	changsites@gmail.com
Boutique provider of mindfully engaged language services, specializing in English & Slovene, as well as other South Slavic languages of the Balkans: Croatian, Bosnian, Serbian, Macedonian, Bulgarian. Arinna, Inc. Language Services, run by Marta Stemberger, engages in translation & interpretation process based on community & communication, & thus aims to extend to the audience the feeling of being respected for who they are, while offering the linguists the sense of being valued for the work they do.	http://www.arinnainc.n et/en/	Online everywhere; based in New York, NY	Marta Stemberger	HSP + empath	Via my website

Real Estate Agent (Buy, Sell or Lease) - If you prefer to work with someone other than the proverbial, know-it-all, presumptive or pushy Salesperson I focus on providing the facilities, resources and information necessary to assist you in achieving your real estate related goals on your terms.	<u>geraldp.cbvegas.com</u>	Las Vegas, NV (USA)	Gerald A Parker	Yes	<u>Gerald.Parker@CBVegas</u> . <u>com</u>
People Ecosystems - setting-up extraordinary Talent Management strategies and procedures for fast- growing companies and progressive public sector institutions for long- lasting results.	<u>www.peopleecosyste</u> <u>ms.com</u>	London, Prague, Bratislava	Miroslava "Mira" Rusnokova	HSP + empath	<u>miroslava.rusnokova@g</u> <u>mail.com</u>

## **Animal Services**

What you offer	Address / website	Do you work locally or (also) long-distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Intuitive communication with your pet to help with behavior and health concerns, smooth transitions, and find lost pets.	www.psychiccatlady.com	Long-distance via email, Skype, and phone. Locally in Portland, OR, USA.	Kelly Duncan	HSP and Empath	psychiccatlady@gma il.com or through website contact form

### **Virtual Assistance**

What you offer	Address / website	Do you work locally or (also) long-distance?	Your name	Are you an HSP or empath yourself?	How you prefer to be contacted:
Confidential virtual assistance, including bookkeeping, email newsletters, social media management, consulting, systems scaling and management	www.practicallymagicva.com	Locally and long-distance, but always remotely/virtual	Jordan	HSP/ empath	<u>contact form</u> or email - jordan@practicallym agicva.com
Virtual Assistant providing admin & social media support to solopreneurs, coaches and small business owners.	www.islandva.com	Online (based in Thailand)	Nikki Thompson	HSP	islandvirtualassistant @gmail.com